

Positive Attributes of ADHD

ADHD receives considerable negative media attention and struggle in school because education systems are typically geared toward auditory learning (lecturing), and ADHD students learn more by Visual and Tactile Learning. The biggest hurdle for most ADHD students is school and once they get through their education and find what it is they are made to do they are unstoppable. Here are several examples around us of famous or successful people with ADHD. Albert Einstein, Thomas Edison, Terry Bradshaw, Salvador Dali, Jim Kerry, Robin Williams, CEO's of 90% of the Fortune 500, Pastors of Large Churches, and Most Professional Athletes.

Below are some positive traits of people with ADHD:

1. Usually has a Sense of Humor
2. Open and Usually Not Secretive
3. Responds to Positive Comments about their Work
4. Quick at Completing Things they Enjoy Doing
5. Intense when Interested in Something; Full of Energy
6. Sensitive, Passionate
7. Spontaneous
8. Creative, Artistic, Inventive, Original
9. Eager to be Accepted and Willing to Help/Please
10. Does not Hold Grudges
11. Entrepreneurial

